

Legend:

Novice

Junior A

Junior B

Intermediate

Senior A

Senior B

Senior C

May Practice Schedule 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Group Assessment Week	3	4	5	6 Group Assessment Week	7 Group Assessment Week
8 Group Assessment Week	9 Group Assessment Week	10	11	12	13 Novice and Junior A 3:45- 4:00 Activation 4:00-4:45 Swim Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim	14 NO Novice Junior A 3:45- 4:00 Activation 4:00-4:45 Swim Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim ½ and Water Polo ½

<p>15 Novice and Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim</p>	<p>16 Novice and Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim</p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20 Novice and Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim</p>	<p>21 NO Novice Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim ½ and Water Polo ½</p>
<p>22 Novice and Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim</p>	<p>23 HOLIDAY</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27 Novice and Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim</p>	<p>28 NO Novice Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim ½ and Water Polo ½</p>

<p>29</p> <p>FUN MEET (All Groups from 3:30-6:30 PM)</p>	<p>30</p> <p>Novice and Junior A 3:45- 4:00 Activation 4:00-4:45 Swim</p> <p>Junior B and Intermediate 4:15- 4:30 Activation 4:30-5:30 Swim</p> <p>Senior A and Senior B and Senior C and 5:15- 5:30 Activation 5:30-6:30 Swim</p>	<p>31</p>				
---	---	-----------	--	--	--	--