

June 2019 POW Schedule

Sun	Mon	Tue	Wed	Thu	Fri	1 Sat
						No practice! Duncan Meet
2	3	4	5	6	7	8
No practice! Duncan Meet	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S/I: 6:15-7:00pm</p>	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S: 6:15-7:00 pm</p>	<p>Senior: 6:45-8:00am</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S/I: 6:15-7:00 pm</p>	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>Swimathon</p>		
9	10	11	12	13	14	15
	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S/I: 6:15-7:00pm</p>	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>Photo Day</p> <p>*Dryland S: 6:15-7:00 pm</p>	<p>Senior: 6:45-8:00am</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S/I: 6:15-7:00pm</p>	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p>		Oak Bay Meet

16	17	18	19	20	21	22
Oak Bay Meet	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S/I: 6:15-7:00pm</p>	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S: 6:15-7:00 pm</p>	<p>Senior: 6:45-8:00am</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00pm</p> <p>Hockey @6:30</p>	<p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p>		Courtenay Meet
23	24	25	26	27	28	29
Courtenay Meet	<p>Airband Practice 6:15-7:00 pm</p> <p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S/I: 6:15-7:00pm</p>	<p>Senior: 6:45-8:00am</p> <p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>Fish Team Soccer@6:30</p>	<p>Airband Practice 6:15-7:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p> <p>*Dryland S/I: 6:15-7:00pm</p>	<p>Airband Practice 6:15-7:00 pm</p> <p>Senior: 6:45-8:00am</p> <p>Novice: 4:00-5:00 pm</p> <p>Junior: 3:45-5:00 pm</p> <p>Intermediate: 4:45-6:00 pm</p> <p>Senior: 4:45-6:00 pm</p>	Nanaimo Meet	Nanaimo Meet
30						
Nanaimo Meet						